

The Grange Informer

Learning Our Way To The Future

FROM THE PRINCIPAL

Welcome back to an exciting Term 4! We have lots of events happening throughout the term, so please make sure you access the schoolbag app and Facebook page to stay up to date with the most accurate information. This term we will begin to organise classes and structures for 2020. We ask that parents inform us if they are leaving next year or taking extended leave over the Christmas break.

NEW KINDERGARTEN STUDENTS 2020

A reminder that enrolments are still open for Kindergarten in 2020. Please pop in to the office to collect an enrolment form and return ASAP so you don't miss out on any communication with regard to Kindergarten Orientation. Please remember to bring 100 points of proof of address with your enrolment application. This is a new requirement for the Department of Education. Student numbers directly influence and affect our staffing allocation, so it is helpful to know our enrolment for 2020 as early as possible.

We still have another 3 important Kindergarten Transition to School sessions, and we would love to see ALL children attend. These sessions provide an important learning opportunity for your child and allow us to prepare for their successful transition to school.

DATES FOR YOUR DIARY

TERM 4 WEEK 2

Every Monday

Parents Social Group 9am-10am

Every Tuesday

Breakfast Club 8:30am

Every Wednesday

Play Right Play Group

9.30am -11am

Every Thursday

Uniform shop 8.30am-9.30am

School Banking



Thursday October 24

Year 6 Sarah Redfern

High School

Transition Day

Friday October 25

P & C Meeting
10:00 am

Monday November 11

Remembrance Day

Tuesday November 19

P & C Meeting
6:00 pm



Ready-Set-Grow



Welcome to The Grange Public School Kindergarten 2020 Meet n' Greet

Enrol now to be a part of our Meet n' Greet for students & parents starting in Kindergarten @ The Grange Public School in 2020. Come along and meet our passionate & dedicated teachers and our school principal.

Wednesday 18th September

Where: 8 Benham Road, Minto Time: 9.15am – 11.15am

Kindy Farm Visits the Grange

Join in the fun...meet and pat baby animals. Kids come dressed as a farmer or their favourite farm animal. Morning tea provided for parents. Kids bring a packed lunch.

Formal Transition to School Program Inc. Parent Information

Session 1 Tuesday 24 th Sept 9.15 - 10.45am	Session 2 Tuesday 22 nd Oct 1.45 - 3.00pm	Session 3 Tuesday 29 th Oct 9.15 - 10.45am	Session 4 Tuesday 5 th Nov 9.15 - 10.45am
<small>Includes a parent information session in the hall.</small>	<small>Includes a parent information session in the hall.</small>	<small>Includes a parent information session in the hall.</small>	<small>* Tea, coffee and a chat with other new families in the hall * 10.15 - 10.45: Teddy Bears picnic (Lunch supplied for enrolled 2020 kindy students)</small>

For further information please contact: 9603 3766.

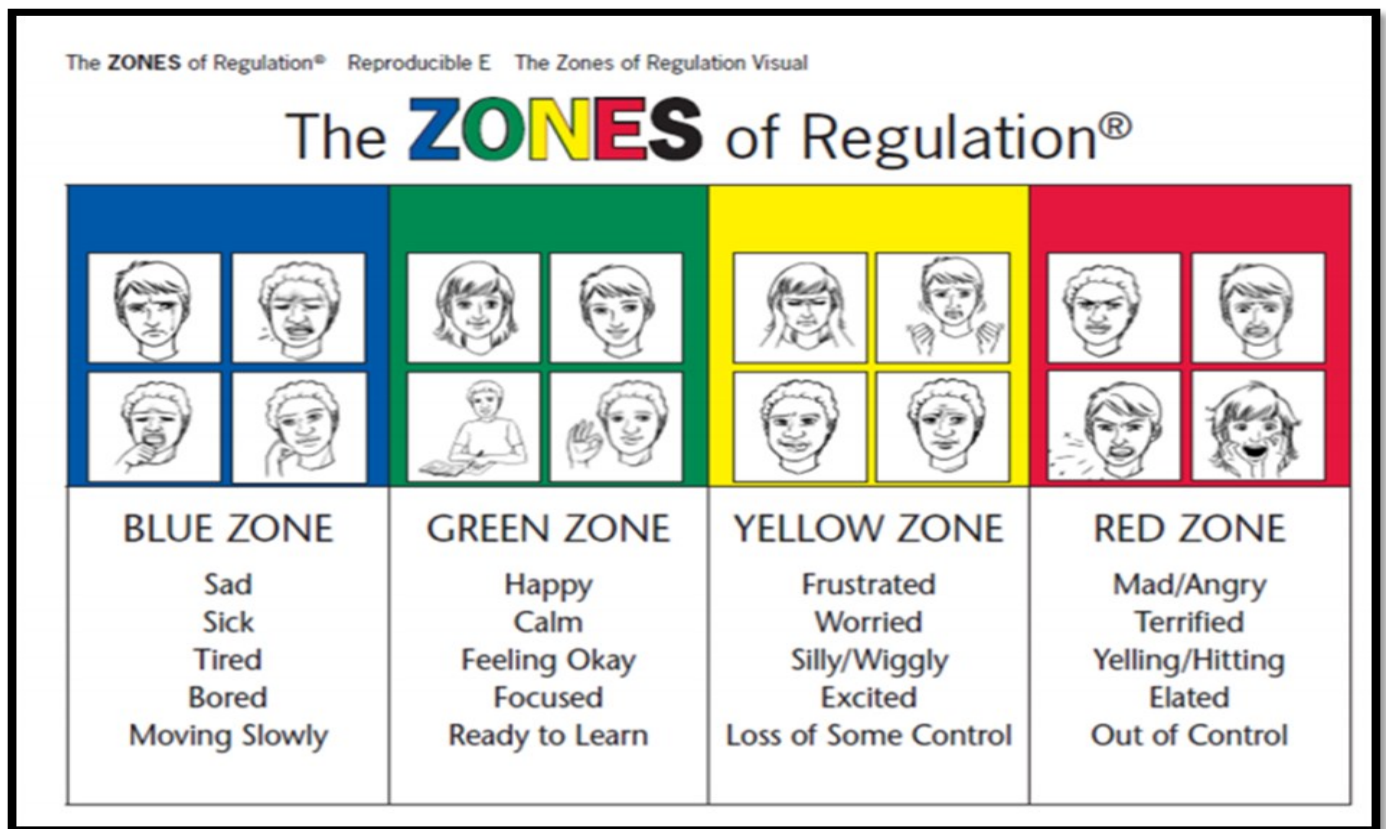


STAFFING AND CLASSES 2020

We have started our initial planning for 2020. This is a long-term process that involves looking at enrolment numbers, staff preferences and budget allocations. Later during Term 4, we will be looking at classes, and placement of students to assist us in this process we would ask that if you are not returning to The Grange PS in 2020 that you notify the office as soon as possible. Additionally, if you are taking extended leave during the Christmas Break and will return after school starts in 2020 please complete a leave form. This information is very important to assist us in establishing classes for next year.

ZONES OF REGULATION

Many of our children in Years 3-6 have been working with Mrs Whittles to focus on the zones of Regulation as part of our Wellbeing Initiatives. This approach uses four colours to help students identify how they are feeling in the moment given their emotions and level of alertness as well as guide them to strategies to support regulation. It is designed to help students recognise when they are in different states or 'zones' with each of the four zones represented by a different colour. Below is a visual we have displayed in our classrooms. We hope you find it useful and we welcome you to use this common language that your children are familiar with in your home too.



The **Red Zone** is used to describe extremely heightened states of alertness and intense emotions. A person may be elated, euphoric, or experiencing anger, rage, explosive behaviour, devastation, or terror when in the **Red Zone**.

The **Yellow Zone** is also used to describe a heightened state of alertness and elevated emotions, however, individuals have more control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the **Yellow Zone**.

The **Green Zone** is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the **Green Zone**. This is the zone where optimal learning occurs.

The **Blue Zone** is used to describe low states of alertness and down feelings such as when one feels sad, tired, sick, or bored.

SCHOOL UNIFORM

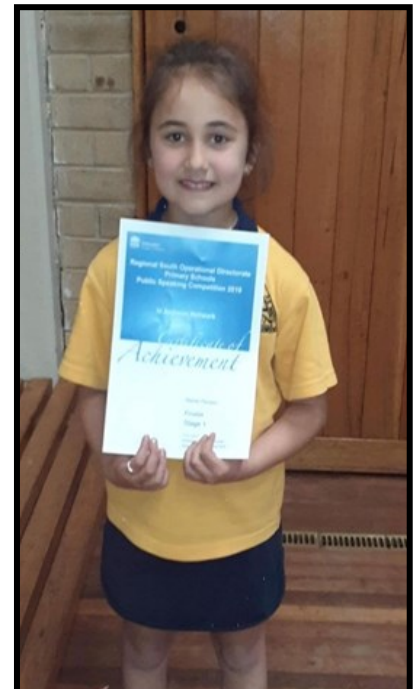
It is important for all students to wear full school uniform each day. This includes a school hat (Bucket Hat or Cap) with the school emblem on it. School uniform can be purchased from the Uniform shop on Thursday morning. Thank you to many of our parents who ensure students come to school with correct school uniform. If you need any assistance please contact the school office.

Jodie Paterson

Principal

PUBLIC SPEAKING

Congratulations to our students, Jana Islam (Year 5), Angelica Batti (Year 3) and Rachel Thorson (Year 2). They did a wonderful job presenting their speeches at the District Primary Schools Public Speaking Competition on Wednesday 25th September 2019. The girls demonstrated their knowledge and skills of public speaking and persistence in writing, revising, and practising their speeches. Jana was awarded 1st place in Stage 3, Angelica received a highly commended award and Rachel received a place award in a very competitive event. Jana now progresses to the Regional South Operational Directorate Primary Schools Public Speaking Grand Final on Thursday, 24th October 2019. Well done girls, The Grange is very proud of your achievements.



ROTARY INFORMATION NIGHT

A Rotary information Night will take place on Tuesday 12th November 2019 to give interested community members an initial overview of what Rotary is about, and what Rotary does. All Parents and Teachers and Community Members welcome. Please contact Bill on number below for any more information.

W T Salter PDG

President 2019-2020

The Rotary Club of Ingleburn

Tel: 9605 7094



Maths Corner

How can I help my child at home with Maths?

Lower primary students: There are a number of fun ways to help young children at home with Mathematical ideas.

- find numbers around your home and neighbourhood - clocks, letterboxes, speed signs
- count forwards and backwards (clocks, fingers and toes, letterboxes, action rhymes, signs)
- make patterns when counting "clap 1, stamp 2, clap 3, stamp 4, clap 5..."
- do sums using objects such as stones or marbles eg $2 + 3$, $4 + 1$, $5 + 4$
- preparing and sharing out food - "two for me and two for you". Ask, "How many for each of us?"
- using words in everyday play like "under", "over", "between", "around", "behind", "up", "down", "heavy", "light", "round", "circle", "yesterday", "tomorrow".

Upper primary students:

- making dinner at home - look at how many and how much is needed for the people eating (potatoes, carrots, sausages). Talk about fractions (half, quarter, fourth) to calculate how much to cook and cooking times
- helping at the supermarket - look for the best buy between different brands of the same item and different sizes of the same item (e.g., toilet paper, cereal, tinned food, bottles of milk)
- looking at the nutrition table on food labels - how much fat, sugar, salt - and deciding on the healthiest choice
- practising their times tables



Celebrate Attendance

Hints and Tips No. 7: Getting to school on time



It is essential to establish a regular routine each morning and arriving at school on time is an important part of your child's morning routine.

It is important to be at school on time because:

- It sets up good habits for the future.
- It provides social benefits – good play time and discussion among friends.
- The school day usually begins with the teacher giving out information to students. Eg. Any changes to school routines, coming events etc.
- It is an opportunity for important teacher pupil interaction before school.
- There is plenty of time for ordering lunches if needed.



The Grange Public School P&LC

Christmas Movie Night

Friday 29th November 2019

All Tickets \$5 (2 years & under free)

5:30pm	School opens - Entry front gate only
6:30pm	Christmas Carols sung by the children
7:30pm	Snacks and gifts on sale
8:00pm	Christmas Movie will commence



OPEN AIR CINEMA

Bring your chairs or blankets to sit down and watch the movie under the stars.

All children must be accompanied by an adult

EVERYONE IS WELCOME TO ATTEND

Christmas gifts & snacks available for purchase



Sausage Sizzle - Beef or chicken

chocolates

Popcorn

Fairy floss

Cans

Water



Pre sale of tickets available now.

Please hand in attached slip to school office before 25 November 2019.

LIVE, LIFE, WELL


Each newsletter there will be practical tips and advice of how we can be healthier from *Live Life Well @ School*. The school encourages all students to bring a piece of fruit or vegetables and water to have as part of our Crunch and Sip program. This helps to improve physical and mental performance and concentration in the classroom, as well as promoting long term health.

Live Life Well @ School


CRUNCH & SIP IDEAS

what to pack for Crunch&Sip®


A bottle of plain water




Veggie sticks



Several whole, smaller fruit or veg



A whole piece of fruit or veg



Remember: Children can only have water, fruit and vegetables during Crunch & Sip time. Variations like fruit muffins, fruit juice, popcorn and potato chips are not suitable.

www.healthykids.nsw.gov.au

MINTO ON THE GO!

Do you know someone who resides or works in the Minto community who is doing something fantastic for our community either in Sport, Education or Community involvement? Then how about nominating them for the 'Minto on the Go - Citizen of the Year Award'.

For more information or a nomination form, please see Mrs Anderson.

SUPPORT OUR LOCAL ACHIEVERS - NOMINATE SOMEONE TODAY!

MINTO ON THE GO

Monthly Community Awards

INDIVIDUAL ACHIEVER AWARD & COMMUNITY SPIRIT AWARD
ANNUAL PRESENTATIONS – FIRST THURSDAY IN DECEMBER



**SUPPORT
OUR LOCAL ACHIEVERS
NOMINATE SOMEONE
TODAY!**

QUALIFYING NOMINEES WILL RECEIVE A MINTO ON THE GO CERTIFICATE PLUS A \$50 KMART VOUCHER ON THE EVENING.

- The Citizen of the Year Awards are chosen from the Nominees received, by The Mayor of Campbelltown.
- The Winners for "Community Spirit" and "Individual Achiever" will be presented with a special trophy.
- Nomination Forms are available from Centre Management Office and from Minto Marketplace Website.



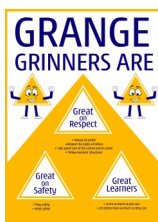
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Congratulations To Our Awards Recipients



Principal Awards

Hazel Perelini	Frejya Caruana
Eric Regalario	Clair Lee
Angelica Batti	Anant Gill
Ishmat Zahan	
Tonutai Tima	
Quinn Thorson	
Milan Anae	
Ariana El-Masri	
Laurel Reid	
Gabrielle Ygay	
Fabiana Luangsuvanh	
Julias Tsarte	
Amaan Syed	
Tashin Rahman	
Hargun Gill	
Kirisome Areli	
Rachel Thorson	
Arham Arslan	
Oliver Williams	
Vai Savusa	
Anu Terangi	
Tazmeen Ava	
Jayden Dela –Cruz	
Madison Galla	
Ryan Wyatt	
Jamie Thorson	

P & C Award

Felicity Areli
Emma Cullen
Charli Armstrong
Bentley Gardiner

Gold Ribbon

Kaitlyn Prim

Silver Ribbon

Tanwir Khan

Bronze Ribbon

Taylorann Mathews
Lucas Stokes Kerrigan
Leon D' Emanuele
Austin Bergan
Stiven Mossad

Grange Achievement Award

David Savusa
Tautualelei Tima
Nevaya Vilamu
Jackson Page
Luisa Leo-Seve
Maymunah Tehzeeb

CALENDAR TERM 4 WEEK 2

Week	Monday	Tuesday	Wednesday	Thursday	Friday
2	21 st October Parent Social Group Community Room 9:00-10:00am	22 nd October Breakfast Club 8:30am Kindy Orientation #2 1:45-3:00pm	23 rd October Sport in Schools K-2 students 2:00-3:00pm	24 th October School Banking MULTISPORT K-6 Hall Sarah Redfern HS TRANSITION Day Year 6	25 th October Whole School Assembly 9:00am P & C Meeting 10:00am PARENT SURVEY Library 10:00am Opportunity Hub ATSI Stage 3 2:00-3:00pm NRL Clinic K-6
3	28 th October PSG Community Room 9:00-10:00am Whole School Photograph	29 th October Breakfast Club 8:30am Kindy Orientation #3 9:00-11:00am	30 th October Sport in Schools 3-6 students 2:00-3:00pm K-2 Sport	31 st October School Banking MULTISPORT K-6 Hall	1 st November GALA DAY HEARTBEAT@ Stage 2 ATSI Western Sydney University
4	4 th November PSG Community Room 9:00-10:00am Stage 3 CAMP	5 th November Breakfast Club 8:30am Kindy Orientation #4 9:00-11:00am Stage 3 CAMP	6 th November Sport in Schools K-2 students 2:00-3:00pm Stage 3 CAMP	7 th November School Banking MULTISPORT K-6 Hall	8 th November Whole School Assembly 9:00am Opportunity Hub ATSI
5	11 th November PSG Community Room 9:00-10:00am REMEMBRANCE DAY	12 th November Breakfast Club 8:30am 'SOUTHS CARES' Wellbeing Presentation 3-6 10:00-11:00am	13 th November Sport in Schools 3-6 students 2:00-3:00pm K-2 Sport	14 th November School Banking MULTISPORT K-6 Hall CoS CTJ Stage 3 Minto PS	15 th November GALA DAY Opportunity Hub ATSI
6	18 th November PSG Community Room 9:00-10:00am Stage 2 EXCURSION	19 th November Breakfast Club 8:30am P & C Meeting 6:00pm	20 th November Sport in Schools K-2 students 2:00-3:00pm	21 st November School Banking MULTISPORT K-6 Hall	22 nd November Whole School Assembly 9:00am NRL CLINIC K-6 Opportunity Hub ATSI